

Female Genital Schistosomiasis burden, prevention and integration with sexual and reproductive health services

Ending parasitic disease, together

Ashley Preston Technical Advisor: Access & FGS

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Current context

- Female genital schistosomiasis (FGS) is a manifestation of chronic urogenital schistosomiasis (*Schistosoma haematobium*) infection
- **Symptoms:** unusual/bloody vaginal discharge, bleeding after intercourse, genital itching/burning, pelvic pain
- **Complications:** abortion, ectopic pregnancy, genital lesions/tumours, infertility











Opportunities for integration

Community outreach and mobilisation:

- School health education
- Behaviour change HIV, STIs, WASH
- CHW programmes
- SRH community engagement women's groups, health clinics

Other health services:

- Mother and child health days
- Praziquantel deworming programmes
- WASH interventions

HIV services Voluntary HIV testing and counselling, HIV pre-exposure prophylaxis, ART

Screening of STIs and HIV, test and treat, sexual and reproductive health clinics

Fully integrated services offering people-centred care for all issues impacting female sexual or reproductive health

Screening cervical cancer and other genital disease

All other sexual and reproductive health services Ante/peri- and postnatal care, family planning **Cervical cancer services** HPV vaccination

Image: UH position paper (2022) developed from Engels et al. 2020



Progress to date

- Integration of FGS with sexual and reproductive health (SRH) as part of small-scale research projects
- Global efforts for coordination:
 - Genital Schistosomiasis Community of Practice (GS CoP)
 - FGS Integration Group (FIG)
 - WHO FGS Cross Departmental Task Team



ACTIVITIES SERVICES AND PROGRAMMES

Image: Umbelino-Walker et al. 2023





CASE STUDY: FGS integration in Côte d'Ivoire

- Integration of FGS prevention services into routine HIV/AIDS and SRH services was piloted (November 2020 to April 2021)
- 7 health centres in Soubré district
- Focus on prevention: services included preventive chemotherapy (praziquantel) and FGS health education

Results:

- Reached >8500 women at-risk
- Access and awareness was improved from baseline
- Training and learning resources validated
- Challenges: workload and integration with health information system



Photo credits: SCI Foundation / Aka Aboubakhr Thierry Kouamé



Challenges to scaling up integrated prevention services

• Prevention or treatment:

- At the point where women can be diagnosed with colposcopy, they are in the chronic stages of the condition
- Treatment solutions for chronic stages are not effective
- o Targeting women earlier will help improve treatment outcomes and prevent morbidity
- $\circ~$ Need to balance access, coverage and integration with existing SRH services
- The availability of praziquantel to treat all adults is limited so targeting to those most in need is essential
- Integrated health services must consider the capacity and workload of the health workers





Research gaps

Data

- Need data on burden of FGS (hampering intervention and advocacy efforts)
- Need data to be collected in health information management systems

Diagnosis/effective targeting

- Colposcopy is expensive, resource intensive to analyse and may miss early stages or symptoms not in lower genital tract
- What are practical solutions for identifying women at-risk or at early stages of FGS?

Treatment Solutions

• What are the treatment solutions for women with chronic (late-stage) FGS?





Recommendations

Côte d'Ivoire Ministry of Health FGS Strategy:

- 1. Health centre approach:
 - Improve targeting of services through use of an FGS risk-assessment questionnaire
 - Implement surveillance system
- 2. Community outreach approach:
 - Targeted FGS prevention services for women in communities identified as at-risk





Principals of FGS risk-assessment questionnaire

The questionnaire should be:

- Designed to be used in primary healthcare settings (where colposcopy is not feasible)
- Quick and easy to use by all cadres of health workers
- Integrated with existing diagnostic algorithms in SRH
- Focus on prevention \rightarrow identifying women/adolescents/girls as early as possible





Development of FGS risk-assessment questionnaire







FGS risk-assessment questionnaire

Themes in questionnaire:

- Environmental risk proximity of water sources, use of water sources, family/household members presenting with schistosomiasis.
- 2. Presentation of schistosomiasis symptoms self-reported
- Presentation of FGS symptoms* selfreported
- 4. Praziquantel treatment timing and since last water contact

Key elements discussed:

- Importance of different activities of water contact, frequency and recency
- Recall bias
- Consideration of presentation of symptoms without environmental risk
- Requirements for sensitivity and specificity
- Tool layout score/threshold or decision tree
- Integration with existing processes

*FGS complications only included for referral but not part of questionnaire.







Next steps





Takeaways

- Currently there are no routine FGS prevention and healthcare services in endemic countries, so there is still need to continue gathering evidence and scaling up integrated interventions
- Integration of FGS services with SRH is feasible and beneficial, but requires more support
- Key challenges remain with lack of data and inappropriate diagnosis and treatment options
- FGS risk-assessment questionnaire could be a solution for non-invasive diagnosis in primary healthcare low-resource settings better than the status quo and aligned to symptom-based diagnosis for STIs
- Strategies should combine health facility and community outreach approaches to improve access and coverage of FGS prevention services to all at-risk age-groups





Kerepuektar

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